

## IDY events in Russia

<i>Central Regions</i>	
<b>Moscow &amp; Moscow Region</b>	
<p><b><u>Moscow (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Sokolniki Park</p> <p><b>Time:</b> 10:00 hrs onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Persons:</b>            8-495-916-06-15 - Kristina Gergel;            8-915-427-83-30 - Ekaterina Kapitonova;            8-916-872-06-29 - Daria Dashkevich</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a>;  <a href="http://internationalyogadayrussia.com/">http://internationalyogadayrussia.com/</a></p>	<p><b><u>Moscow (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration &amp; Yoga Marathon</p> <p><b>Location:</b> Afimall City, 2, Presnenskaya emb.</p> <p><b>Time:</b> 10:00 hrs onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Persons:</b>            Kristina Butaeva,  <a href="mailto:kristina.butaeva@yogajournal.ru">kristina.butaeva@yogajournal.ru</a></p> <p><b>More information:</b>  <a href="http://www.yogajournalmarathon.ru/">http://www.yogajournalmarathon.ru/</a></p>
<p><b><u>Moscow (Event 3)</u></b></p> <p><b>Event:</b> “Yoga and world peace”</p> <p><b>Location:</b> Brahma Kumaris Centre of Spiritual Development, Str. Lobachika, 2, Stroenia 2</p> <p><b>Time:</b> 18.30 hrs onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> Sis. BK Sudha            Director, <a href="mailto:moscow@brahmakumaris.org">moscow@brahmakumaris.org</a></p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Moscow (Event 4)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Moscow, Kuusinena St., 19a</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>            +79257726295 - Sadhu Priya Das</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>
<p><b><u>Moscow Region, Kolomna (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Park Mira, Kolomna city,            Dobrolubov street</p> <p><b>Time:</b> 10:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>            8-915-251-33-81 - Druzhkina Ulia  <a href="mailto:yogakolomna@gmail.com">yogakolomna@gmail.com</a></p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Moscow Region, Kolomna (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 140411 Moscow Region, Kirova prospekt, 29</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>            8-917-554-41-51 / 8-925-097-29-36 - Sadhu Sanga</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Moscow Region, Orehovo-Zuevo (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p>	<p><b><u>Mozhaysky Region, Borodino (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p>

<p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-903-771-91-73 - Kanhai Gopal</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Location:</b> 663981 9- Maya Street 54-15</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-906-917-98-64</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Moscow Region, Dubna City (Event 4)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 141980 Moscow Region, Dubna city, Mira St., 4-9</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 496-213-31-43 / 8-903-208-66-50 - Akrura; 8(221)4-63-14 Ananta</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Moscow Region, Arhangelsk (Event 5)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 163000, Arhangelsk city, Novgorodskiy prospekt, 166 - 167</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-818-220-54-76 / 8-911-572-07-32 Antaka Das (Anatoliy Svirida)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Tambov Region</b>	
<p><b><u>Tambov (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 392008 Tambov city, Chichkanova St., 89 -219</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-475-255-27-86 / 8-920-236-83-96 - Shriman Pandit Das (Yury Savelyev)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Morshank (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 393950 Tambovskaya obl., Morshansk city, 2 Lugovaya St. 24</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-475-333-79-73 / 8-915-874-00-84 - Rohini Kumar</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Kaluga Region</b>	
<p><b><u>Kaluga (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p>	<p><b><u>Ludinovo (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 249400 Kaluzhskaya district, Ludinovo, Mayakovskogo St. 7-9</p> <p><b>Time:</b> tbc</p>

<p><b>Contact Person:</b> 8-484-254-53-46 / 8-910-528-02-55 - Yury</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8(48444)6-48-97 - Vishvambhara</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Obninsk (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 249038 Kaluzhskaya district, Obninsk city, prospekt Lenina 116 -7</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8- 484-393-33-09 - Shri Bhanu</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<p><b>Oryol Region</b></p>	
<p><b><u>Oryol (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Lenin square 1</p> <p><b>Time:</b> 16:00 - 18:30</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-910-204-98-81 - Sofia Kudinova</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Oryol (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-953-620-59-88 - Yury</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Oryol (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation (tsuprunova@mail.ru)</p> <p><b>More information:</b> <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>	

<b>Bryansk Region</b>	
<p><b><u>Bryansk (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Ctadium “Dinamo” Gagarin avenue  <b>Time:</b> 12:00 - 13:30  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-483-274-35-59 - Olga Luznezkaya  <b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Bryansk (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Bryansk, Krapivnitskogo St., 13  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-483-241-27-82 - Tamshira  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Voronezh Region</b>	
<p><b><u>Voronezh (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Sports Complex GBOU DOD  “SDUCSHOR 12”, Moskovskiy Prospekt, 150,  Voronezh City  <b>Time:</b> 15:00 -20:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-908-136-37-36 - Sergei Kozlov  <b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Voronezh (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  Location: Voronezh, Aviastroiteley 16-137  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8 -473-249-26-04 / 8-919-186-87-15 - Sharda Das (Sergey Parahin)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Smolensk Region</b>	
<p><b><u>Smolensk (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Smolensk, “Aiengara School”,  Kirova Street, 55  <b>Time:</b> 12:00 onwards  <b>Access:</b> Open to general public  <b>Contact Person:</b> 8-920-665-17-07 - Vasilieva Marina  <b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Smolensk (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 214032 Smolensk, Marshala Eremenko St. 21-61  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-481-244-31-29 / 8-920-667-70-62 - Gaura Nitay (Vladimir Kosyakov)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Tula Region</b>	
<p><b><u>Tula (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Tula, Central Park Belousova,</p>	<p><b><u>Tula (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 300057 Tula city, Demidovskaya St.,</p>

<p>Pervomayskaya 13a</p> <p><b>Time:</b> 12:00 - 14:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-910-948-18-89 - Ekaterina Fateeva ( Director of Yoga studio “Oreol” )</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p>74 -295</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8905-113-09-49</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Yaroslavl Region</b>	
<p><b><u>Yaroslavl (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 150001 Yaroslavl, Moskovskiy Prospekt, 1-A, building 3</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-485-230-22-04 / 808-245-18-76 / 8-910-975-91-72 -Sarvalochana Das (Sergey Ladoshin)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Rybinsk (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 152900 Yaroslavskaya obl., Rybinsk, Chkalova St., 40 -11</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-4855-20-14-56 - Nrisimha Shalagram Das (Vitaliy Sorokin)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Rybinsk (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 152925 Yaroslavskaya obl., Rybinsk, Rastorgauva 8-18</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-4855-295-82-12 - Ananta Shila Das (Andrey Grobushin)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b>Belgorod Region</b>	
<p><b><u>Belgorod (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Lenina Park</p> <p><b>Time:</b> 10:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p>	<p><b><u>Staryi Oskol (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 309512 Belgorodskaya obl., Staryi Oskol, Zhukova district 49-37</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p>

<p>8-905-676-89-69 - Ilya Chukanov</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b>Contact Person:</b></p> <p>8 -472-532-16-90 - Bhagavati (Olga Burtseva)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Ivanovo Region</b>	
<p><b><u>Ivanovo (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Fitness center “Energy”, Sheremetevskiy 33, Ivanovo</p> <p><b>Time:</b> 11:00 - 13:30</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8-493-259-47-11, 8-493-259-47-12 - Irina Smyslova</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Ivanovo (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Remiznaya St, 18</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8(4932)42-62-93 / 8-906-617-97-92 - Yashibriht (Irina Poloedova)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Kursk Region</b>	
<p><b><u>Kursk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Stadium “Trudovie Rezervi” Linina St.58</p> <p><b>Time:</b> 10:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8-910-317-32-72- Kotova Natalia</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Kursk (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Kurskaya obl., Sudzha, Lomonosova St. 20</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8-909-236-52-33 - Alexander Ponomarev</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Lipetsk Region</b>	
<p><b><u>Lipetsk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Swimming pool builng "Leader" - Lipetsk, Stakhanova St. 10a</p> <p><b>Time:</b> 10:00 - 11:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8-904-695-68-07 - Natalia Simonova</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Lipetsk (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 398005, Lipetsk city, Mira Prospekt, 23a</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8 -474-233-67-33 / 8-904-683-44-48 - Shatamurti Das (Sergey Kukoba)</p> <p><b>More information:</b> +79257726295 - Sadhu</p>

	Priya Das
<b>Nizhniy Novgorod Region</b>	
<p><b><u>Nizhniy Novgorod (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Nizhniy Novgorod, Alekseevskaya St.,41</p> <p><b>Time:</b> 11:00 - lesson 12:00 - Indian dance 12:20 - start of yoga event (till 17:30) onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> +7-831-433-01-82 / 433-21-54 / 8-910-388-50-58 - Andrey Lobanov</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Nizhniy Novgorod (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 603001, Chernigovskaya St., 14B</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-831-230-51-97 / 8-831-230-98-54 Ananta Shesha Das (Andrey Shkolnikov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Tver Region</b>	
<p><b><u>Tver (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> “Khimik” Stadium, Sovetskaia St.1a</p> <p><b>Time:</b> 9:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-906-656-11-11 - Sergey</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Tver (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Quay Afanasiya Nikitina</p> <p><b>Time:</b> 11:00 - 15:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-920-182-16-71 - Elena Danilova</p> <p><b>More information:</b> www.indianembassy.ru</p>
<b>Other Central Regions</b>	
<p><b><u>Ryazan</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-920-961-56-44 - Nanda Suta Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Kostroma</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-910-196-01-44 - Dikshapal das +7-962-184-56-26 / +7-910-927-80-70 / +7-910-956-66-10 - Dhama Mandala Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Vladimir</u></b></p> <p><b>Event:</b> Yoga Demonstration</p>	

<p><b>Location:</b> 600000, Nikolo – Galileyskaya, 56/25</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-492-232-92-66 / 8-915-768-63-75 - Abhinanda Das (Aleksey Timoshuk)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b><i>Volga Regions</i></b>	
<b>Perm Krai</b>	
<p><b><u>Perm (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Permskaya Yarmarka, Vystavochnyy Zal, OOO b-r Gagarina, 65, Perm, Perm Krai,</p> <p><b>Time:</b> 10:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 -342-236-06-00 - Elena Menshova</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Perm (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Contact Person:</b> 8-912-784-44-87 - Prema Vardhana Das (roybish@gmail.com)</p> <p><b>More information:</b> <a href="http://krishna.perm.ru/">http://krishna.perm.ru/</a></p>
<p><b><u>Chaykovsky (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-912-485-06-62 - Gaulok Ishvara Das (I.Y Fedorovtsev)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b>Republic of Tatarstan</b>	
<p><b><u>Kazan (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Studio “Yoga time”;</p> <p><b>Time:</b> 9:00</p>	<p><b><u>Kazan (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p>



<p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> Albina Yakupova 8-917-263-64-6</p> <p><b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>  8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation, tsuprunova@mail.ru</p> <p><b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Kazan (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Studio “Yoga time”;</p> <p><b>Time:</b> 15:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>  8-987-290-79-45 - Margarita</p> <p><b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Kazan (Event 4)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Yoga-studio “Shanti”;</p> <p><b>Time:</b> 13:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>  8-905-316-58-61- Klochkova Eugenia</p> <p><b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>
<p><b><u>Kazan (Event 5)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Studio “YOGA-House”  Peterburgskaya St.72</p> <p><b>Time:</b> 12:00 / 14:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>  8-987-297-48-69 - Rushana</p> <p><b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Kazan (Event 6)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Yoga-lena</p> <p><b>Time:</b> 10:00 / 14:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>  7-917-875-73-05 - Alyona</p> <p><b>More information:</b><a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>
<p><b><u>Kazan (Event 7)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 420000 Republic of Tatarstan, Kazan City, Garifyanova 38 A- 17</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>  8-8432-45-85-64 / 8-905-313-00-99 / 8 905 531-00-99 / 8-950-313-00-13</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Kazan (Event 8)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Yudino, Sortirovochnaya st., 13a</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b>  8-843- 516-25-73</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Naberezhnye Chelny (Event 9)</u></b></p>	<p><b><u>Naberezhnye Chelny (Event 10)</u></b></p>

<p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 423831 Republic of Tatarstan, Naberezhnye Chelny city, complex 30, house 30, house 16, flat 153</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-917-398-07-12 / 8-855-236-20-36 - Sutapa Das (Georgy Krasnov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 423831 Republic of Tatarstan, Naberezhnye Chelny, complex 14, house 16, flat 38</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-917-398-07-12 - Sutapa Das (Georgy Krasnov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Almetievsk (Event 11)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-937-288-84-44 - Krishna Bhakti Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<p><b>Samara Region</b></p>	
<p><b><u>Samara (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Samara city, Valerian Kuybyshev square</p> <p><b>Time:</b> 10:00 - 11:15</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-927-685-80-17 - Stanislav Evklidov</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Samara (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 443011 Samara city, Novo – Sadovaya St., 283 – 38</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-927-725-41-53 / 8-846-263-04-68 - Vrindavan Chandra Sharanagati Das (Sergey Davydov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Samara (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p>	<p><b><u>Samara (Event 4)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Samara city, Zubchaninovka, Airport</p>

<p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation, tsupronova@mail.ru</p> <p><b>More information:</b> <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>	<p>Highway, 122</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-846-931-37-45 / 8-846-926-27-41 / 892720950-33 – Atmaram Das (Kozharinov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Ulyanovsk Region</b>	
<p><b><u>Ulyanovsk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Aleksandrovskiy Park</p> <p><b>Time:</b> 11:00 - 12:30 onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-962-632-39-99 - Valov Ririll</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Ulyanovsk (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-927-825-03-56 / 8-842-263-81-50 - Paramaudara Prabhu (Alexander Sablin)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Ulyanovsk (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 50, Minaeva St.</p> <p><b>Time:</b> 12:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 -842-241-03-81 - Olga Leontieva</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b>Bashkortostan Regions</b>	
<p><b><u>Ufa (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> “Biatlon” Komarova St., Ufa</p> <p><b>Time:</b> 11:00-12:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-917-432-96-94 - Galina Abdrashitova</p>	<p><b><u>Ufa (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Chesnokovka, Yamskaya St., 26</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p>

<p><b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p>8-927-928-54-15 - Shriman Das (Sergey Tuzkov)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Ufa (Event 3)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> 10:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  Kseniya Egorova  8-341-268-50-57 / 8-964-184-84-40  kailas2010@mail.ru  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>	
<b>Chuvash Republic</b>	
<p><b><u>Cheboksary (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Yoga Center “Praktika”  <b>Time:</b> 10:00 - 11:00 onwards  <b>Access:</b> Open to general public  <b>Contact Person:</b>  9-903-381-65-58 / 8-835-231-50-50 - Smirnova Nina  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Cheboksary (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-937-385-46-12 -Balabhadra Bhattacharya  8-927-665-59-63 - Vraja Kumar  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Cheboksary (Event 3)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  9-903-381-65-58 / 8-835-231-50-50 - Smirnova Nina  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>	
<b>Mordovia Republic</b>	

<p><b><u>Saransk (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> “Sport Complex “Mordovia”  Stroitelnaya Street, 13, Saransk  <b>Time:</b> 11:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-917-997-94-57 - Maslov Mikhail  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Saransk (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 430033 Republic Mordoviya, Saransk,  Engelsa St. 17A - 50  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-834-232-28-78 / 8-917-695-09-81 / 8-906-379-  47-93 - Premanath Das (Sergey Gladyshev)  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<b>Saratov Regions</b>	
<p><b><u>Saratov (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Persons:</b>  8-452-94-84-31 - Eugeny Lepkov  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Saratov (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 138, 35, Tverskaia St.  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Persons:</b>  8 -845-237-51-78 / 8-906-307-51-78 - Pundarik  Vidyanidhi Das, President of Yatra  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<b>Izhevsk Regions</b>	
<p><b><u>Izhevsk (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Main square  <b>Time:</b> 12:00 - 14:00 onwards  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-341-268-50-57 / 8-964-184-84-40 -  Kseniya Egorova  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Izhevsk (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> 12:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  Kseniya Egorova  8-341-268-50-57 / 8-964-184-84-40  kailas2010@mail.ru  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<b>Other Volga Regions</b>	
<p><b><u>The Mari El Republic, Yoshkar-Ola</u></b></p>	<p><b><u>Kirov</u></b></p>

<p><b>Event:</b> Yoga Demonstration  <b>Location:</b> Fit. Club "Astron" Voinov-Internatsionalistov St. 26A, Yoshkar-Ola, Respublika Mariy El  <b>Time:</b> 10:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-836-242-06-55 / 8-836-242-25-03 - Artyom Pavlovskiy  (astron.head@mail.ru)  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b>Event:</b> Yoga Demonstration  <b>Location:</b> Teatralnaya Square / Lenina Street 1b "Aysberg", Kirov  <b>Time:</b> 10:00 - 12:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-912-826-73-63 - Yulia Androsova  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>
<p><b><u>Penza</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 440062 Penza city, Ladozhskaya St., 105 – 54  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-8412-41-16-08 / 8-962-470-39-67 - Rasa Vilasi (Svetlana Agafonova)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Orenburg Region</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Dzudo center on 17/1 Novaya st.  <b>Time:</b> 10:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  +7-922-625-85-38 - Yulia Dyagileva  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>
<b><i>Southern Region</i></b>	
<b>Krasnodar Krai</b>	
<p><b><u>Krasnodar (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Era Vodoleya Centre: Krasnodar, Pirogova St., 12  <b>Time:</b> 13:00 -13:30  <b>Access:</b> Open to general public  <b>Contact Person:</b>  +7-861-279-54-27 - Kristina Orlova  <b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Krasnodar (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation (tsupronova@mail.ru )  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Krasnodar (Event 3)</u></b></p>	<p><b><u>Armavir (Event 4)</u></b></p>

<p><b>Event:</b> Yoga Demonstration  <b>Location:</b> 350915 Krasnodar Krai, Krasnodar, Elezavetinskaya, Stepnaya St. 418  <b>Time:</b> ~10:00 am  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-918-483-25-85 - Sakha Govinda das (Sergey Samoylenko)  8-918-468-53-54 / 8-902-469-91-21 - Shuddha Das (Sergey Avakov)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Event:</b> Yoga Demonstration  <b>Location:</b> 323-48 Markova St., Armavir, Krasnodar Krai  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b> Jaunapriya Das (Oleg Dugencov)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Tuapse (Event 5)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-925-820-75-07 - Tatyana Supronova  Art of Living Foundation (tsuprunova@mail.ru)  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>	<p><b><u>Sochi (Event 6)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-925-820-75-07 - Tatyana Supronova (tsuprunova@mail.ru)  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Sochi (Event 7)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 353915, Krasnodarskiy Krai, Sochi, Macesta region, Furmanova St., 39  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-903 448-04-32 - Ishana das (Evstigneev Igor)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Novorossiysk (Event 8)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 353915, Krasnodarskiy Krai, Novorossiysk, Futbolnaya St., 12  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-918 462-81-30 / 8-861-730-16-12 - Aditi – dukhaha d.(Livasov Avraam)  <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Astrakhan Region</b>	
<p><b><u>Astrakhan (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration</p>	<p><b><u>Astrakhan (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration</p>

<p><b>Location:</b> Astrakhan, Park Arkadiya</p> <p><b>Time:</b> 17:00 onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-512-24-51-43 / 8-927-569-55-25 Kazanceva Irina</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b>Location:</b> 2A, Kuprina St., Astrakhan</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-851-236-35-49 - Virochana Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Rostov Region</b>	
<p><b><u>Rostov-on-Don (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> 10:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-863-2631-22-47 - Shmatko Vladimir</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Rostov-on-Don (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation, (<a href="mailto:tsuprunova@mail.ru">tsuprunova@mail.ru</a>)</p> <p><b>More information:</b> <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Rostov-on-Don (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> apartment 20, 92 Gorkogo St, Rostov-on-Don, Rostov region</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-863-247-00-84 / 8-863-272-30-29 - Rasavigrekha Das (Andrey Korsakov)</p> <p><b>More information:</b> <a href="http://krishnarostov.ru/">http://krishnarostov.ru/</a></p>	<p><b><u>Volgodonsk (Event 4)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 5-352 Oktyabrskoe highway, Volgodonsk, Rostov region</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> +7-961-669-10-22 - Sharang Thakur Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Taganrog (Event 5)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-925-820-75-07 - Tatyana Supronova (<a href="mailto:tsuprunova@mail.ru">tsuprunova@mail.ru</a>)</p>	<p><b><u>Taganrog (Event 6)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-904-347-94-64 - Vishalini</p> <p><b>More information:</b> +79257726295 - Sadhu</p>



<p><b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>	<p>Priya Das</p>
<p><b><u>Zernograd (Event 7)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> tbc  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-905-453-36-52 - Dmitry Vtorushin  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>	<p><b><u>Azov (Event 8)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b> Sadhu Sanga  acarya@rambler.ru  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<p><b><u>Salsk (Event 9)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> tbc  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-918-561-67-74 - Evgeny Zablotsky /  Gadadhara Pandit  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>	<p><b><u>Shakhty (Event 10)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> tbc  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-919-893-27-77 - Fedor  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<p><b>Stavropol Krai</b></p>	
<p><b><u>Stavropol (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 357600 Stavropolskiy Krai,  Essentuki, Teplaya St., 3  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-928-349-74-16 - Valery Perevozchikov  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>	<p><b><u>Stavropol (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 357250, Stavropolskiy Krai, Barsuki,  Novaya St., 23 -2 A  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-928 349-74-16 - Valery Perevozchikov  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<p><b><u>Stavropol (Event 3)</u></b>  <b>Event:</b> Yoga Demonstration</p>	<p><b><u>Pyatigorsk (Event 4)</u></b>  <b>Event:</b> Yoga Demonstration</p>

<p><b>Location:</b> 8, Vokzalnaia St., Stavropol, Stavropol Krai</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-919-740-03-66 / 8-865-228-23-73 - Ivan Khizhnikov, Sri Chinmoy Mission (skakunakademy@mail.ru)</p> <p><b>More information:</b> <a href="http://premiagi.ru/initiative/135">http://premiagi.ru/initiative/135</a></p>	<p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-905-415-95-18 - Ramapada Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Cherkessk (Event 5)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 357600 Stavropolskiy Krai, Essentuki, Teplaya St., 3</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> +7-909-494-88-10 - Murari Gopal Das, Suranath Das (Arkady)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Yessentuki (Event 6)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 3, Tyoplaia St., Yessentuki, Stavropol Krai</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-929-858-92-19 - Anton 8-905-415-95-18 - Rampada Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Kislovodsk (Event 7)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-928-370-15-73</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b>Dagestan Republic</b>	
<p><b><u>Mahachkala (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Mahachkala, Akushinskogo St., 28, 29</p> <p><b>Time:</b> tbc</p>	<p><b><u>Mahachkala (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p>

<p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> +7-906-448-72-29 - Chandra Mukha (Chamoslav Halidov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Contact Person:</b> +7-928-567-75-33 - Vradjaraj Nandana Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Mahachkala (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> +7-960-407-88-07 - Lillavati</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Kaspiysk (Event 4)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> +7-964-003-35-50 - Nitay Ram Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b>Kabardino – Balkaria</b></p>	
<p><b><u>Nalchik (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Pantera Women’s Sports Club, 37 Nogmova St., Nalchik City</p> <p><b>Time:</b> 11:00 onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-938-693-47-14 - Liliya Shomakhova</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Nalchik (Event 2 )</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 360000 Republic Kabardino – Balkaria, Nalchik city, Shogentsukova 34-134</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 -866-277-26-34 - Bimal Prasad (Yuriy Kotov) / Mukhara (Ludmila Kotova)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Shalushka (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 361420 Republic of Kabardino – Balkaria, Shalushka, Severnaya St., 15.</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-928-717-75-87 – Bharat Das (Arsen Gedmishhov)</p>	

<p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<p><b>Volgograd Region</b></p>	
<p><b><u>Volgograd - (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Central quay next to the fountain  <b>Time:</b> 18:00 - 19:00 onwards  <b>Access:</b> Open to general public  <b>Contact Person:</b>  +7-966-789-60-90 / +7 8-966-789-60-98 -  Biman Kumar Bhattacharjee  <b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Volgograd (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Centre  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-961-656-68-08 - Pavana Das  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<p><b><u>Kamyshin (Event 3)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Centre  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  т.8-927-066-84-45 - Janardana Das (Denis Adoshev)  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>	<p><b><u>Volzhsky (Event 4)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Centre  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  +7-961-090-18-39 - Pavana das  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<p><b>North Ossetia–Alania</b></p>	
<p><b><u>North Ossetia, Vladikavkaz (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Centre  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-867-254-11-91 - Valentina Revasova  <b>More information:</b> www.indianembassy.ru</p>	<p><b><u>North Ossetia–Alania, Vladikavkaz (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 74 Kurskaia St.  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-928-986-10-23 - Taimuraz Ikaev  8-867-277-26-85 - Nina Sasieva  <b>More information:</b> +79257726295 - Sadhu  Priya Das</p>
<p><b>Karachaevo – Cherkess Republic</b></p>	
<p><b><u>Kurdzhinovo (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration</p>	<p><b><u>Kurdzhinovo (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration</p>

<p><b>Location:</b> 369272 Karachaevo – Cherkess Republic, Urupskiy region, Kurdzhinovo, Vostochnaya st. 23</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> Gonath +7-928-665-88-79 - Vasupati Das (Vladimir Dyachenko)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Location:</b> 369272 Karachaevo – Cherkess Republic, Urupskiy region, Kurdzhinovo, Vostochnaya st. 23</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> Gonath +7-928-665-88-79 - Vasupati Das (Vladimir Dyachenko)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Karachay-Cherkessia Republic, (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> ‘Kupol’ Stavropolskaia St.36, Cherkessk</p> <p><b>Time:</b> 10:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-878-0226-10-41 - Alexandr Bondarenko</p> <p><b>More information:</b> www.indianembassy.ru</p>	
<p><b>Other Southern Regions</b></p>	
<p><b><u>Kalmykia</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Centre</p> <p><b>Time:</b> 10:00-12:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> +7-966-789-60-90 / +7-966-789-60-98 - Biman Kumar, (bric.vlg@rambler.ru)</p> <p><b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Adygea, Maykop</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 385000 Republic Adugeya, Maykop city, Vostochnaya St. 173</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-877-254-41-56 / 8-918-421-05-55 - Madira (Fatima Kitarieva)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><i>Urals Gegions</i></b></p>	
<p><b>Chelyabinsk Region</b></p>	
<p><b><u>Chelyabinsk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> sports complex “Zenit”</p>	<p><b><u>Chelyabinsk (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Volhovskaia 71</p>

<p><b>Time:</b> 12:00 - 13:30</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-961-557-40-00 -Olga Dorofeeva 8-922-057-02-71 - Guzel Grischenko</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-351-798-48-49 / 8-351-248-21-08 / 7-9-051-805-55-55 - Guru-Parampara Das (surama@mail.ru)</p> <p><b>More information:</b> <a href="http://www.yatra.narod.ru">www.yatra.narod.ru</a></p>
<p><b><u>Snezhinsk (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center, Sneginsk</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-351-463-62-12 - Andrey</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b>Tyumen Region</b>	
<p><b><u>Tyumen (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Sport complex “Tsentralniy” Ordgonikidze St, 60</p> <p><b>Time:</b> 12:00 - 13:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-345-46-13-99 - Naumova Marina</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Tyumen (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Moskovskiy tract 161 - 122</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-906-822-89-21 - Vasusreshtha Das (Vladimir Sokol) (Vasu108@mail.ru)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Sverdlovsk Region</b>	
<p><b><u>Sverdlovsk Region (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Mayakovskiy Park</p> <p><b>Time:</b> 11:00 - 13:00 onwards</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-982-600 -02-09 - Timur Zaripov</p>	<p><b><u>Yekaterinburg (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-925-820-75-07 - Tatyana Supronova, Art of</p>

<p><b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p>Living Foundation, (tsuprunova@mail.ru)  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b>Other Ural Regions</b></p>	
<p><b><u>Kurgan Region</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> «Stadion «Tsentralniy» - Sovetskaya St. 184  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	
<p><b><i>Siberian Regions</i></b></p>	
<p><b>Tomsk Region</b></p>	
<p><b><u>Tomsk (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Dramatic Theatre Square  <b>Time:</b> 12:00 - 15:00  <b>Access:</b> Open to general public  <b>Contact Person:</b>  7-909-543-44-48 - Vyacheslav Ovsyannikov  <b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Tomsk (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation, (tsuprunova@mail.ru)  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Loskutovo (Event 3)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Loskutovo, Gagarin Street 56-53  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-382-294-37-60 - Bhativedanta Sadhu Swami (carudesna.nrs@ngs.ru)  8-382-265-45-97 - Ishanananda Gaur Das (Igor Riabchuk)  <b>More information:</b> <a href="http://tomsk108.ru/">http://tomsk108.ru/</a></p>	
<p><b>Kemerovo Region</b></p>	

<p><b><u>Novokuznetsk (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Centre, Novokuznetsk  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  53-03-52 - Ananda Das  <b>More information:</b> www.veda-nk.ru  <a href="http://vk.com/club48927678">http://vk.com/club48927678</a>  <a href="http://vk.com/vedank">http://vk.com/vedank</a></p>	<p><b><u>Kemerovo (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>  8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation  (tsuprunova@mail.ru )  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<b>Altai Krai</b>	
<p><b><u>Barnaul (Event 1)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> «Art of living» - 31 Pushkin St.  <b>Time:</b> 10:00 am  <b>Access:</b> Open to general public  <b>Contact Person:</b>  7-983-188-6528 / 7-913-218-33-23 - Bazhenov Igor  <b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Barnaul (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> «Maksima» - 7 Lazurnaia St.  <b>Time:</b> 10:00 am  <b>Access:</b> Open to general public  <b>Contact Person:</b>  7-385-269-69-65 / +7-385-228-30-28 - Natalia  <b>More information:</b> www.indianembassy.ru</p>
<p><b><u>Barnaul (Event 3)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> «Barnaul yoga society» - 50a, 8 Marta St.  <b>Time:</b> 10:00 am  <b>Access:</b> Open to general public  <b>Contact Person:</b>  +7-385-261-37-80 - Tatyana  <b>More information:</b> www.indianembassy.ru</p>	<p><b><u>Barnaul (Event 4)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Yoga center "Vistara" - 139 Proletarskaya St., 6th floor  <b>Time:</b> 10:00 am  <b>Access:</b> Open to general public  <b>Contact Person:</b> +7-905-985-36-12 - Boyko Olga  <b>More information:</b> www.indianembassy.ru</p>
<p><b><u>Barnaul (Event 5)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> “Ananda Shivani” settlement Novyie Zori.  <b>Time:</b> 10:00 onwards (break 15:00 - 15:30)  <b>Access:</b> Open to general public</p>	<p><b><u>Biysk (Event 6)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b></p>



<p><b>Contact Person:</b> 8-923-655-52-67 - Semenikhina Marina</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p>8-925-820-75-07 - Tatyana Suprunova, Art of Living Foundation (<a href="mailto:tsuprunova@mail.ru">tsuprunova@mail.ru</a>)</p> <p><b>More information:</b> <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Barnaul (Event 7)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-903-947-79-75 - Andrey Shekov 8-3852-47-34-49 / 8-913-213-71-46 - Dmitriy Pshonko</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Rubtsovsk (Event 8)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-913-096-77-76 - Igor</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Biysk (Event 9)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-923-657-37-01 - Yagyakshetra</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<p><b>Novosibirsk Region</b></p>	
<p><b><u>Novosibirsk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Novosibirsk, Central Park</p> <p><b>Time:</b> 13:00 - 16:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-913-907-23-24 - Andrey Lobarev 8 -952-927-39-39 - Olga and Pavel Romanov</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Novosibirsk (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Planirovochnaia 28</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-383-278-19-98 -Vaishnav Prana (<a href="mailto:vpрана@yandex.ru">vpрана@yandex.ru</a>) 8-383-220-86-72 - Nanda Tanudji</p> <p><b>More information:</b> <a href="http://www.veda-nsk.ru/">http://www.veda-nsk.ru/</a></p>

	<a href="http://vk.com/club4731024">http://vk.com/club4731024</a> <a href="http://iskcon-family.ru/">http://iskcon-family.ru/</a>
<b>Krasnoyarsk Krai</b>	
<b><u>Krasnoyarsk (Event 1)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Krasnoyarsk, Novomlinskaia street 1 <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person:</b> 8-902-927-51-52 / 8-923-293-43-67 - Dharmananda (krasnoyarsk@cis.pamho.net) <b>More information:</b> <a href="http://www.krishna24.ru/">http://www.krishna24.ru/</a>	<b><u>Krasnoyarsk (Event 2)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> City Center <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person:</b> 8-925-820-75-07 - Tatyana Supronova (tsuprunova@mail.ru) <b>More information:</b> <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a>
<b><u>Achinsk (Event 3)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> 662150 Yugo-Vostochnaia street 36-37 <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-923-275-83-85 - Alexandr Gurianov <b>More information:</b> +79257726295 - Sadhu Priya Das	<b><u>Zheleznogorsk (Event 4)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Podgorniy Settlement, Stroitelnaia street 21-32 <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-391-979-84-40 - Alexey Afanasevich <b>More information:</b> <a href="http://gauragorsk.ru">http://gauragorsk.ru</a>
<b><u>Zelenogorsk (Event 5)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> 663690 Stroiteley 2b-66 <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> Subandha Das 8-391-692-10-84 / 8-908-025-96-62 <b>More information:</b> +79257726295 - Sadhu Priya Das	<b><u>Kansk (Event 6)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> 663690 Kaytimskaia 86 <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-913-529-93-83 - Subandha Das <b>More information:</b> +79257726295 - Sadhu Priya Das
<b><u>Norilsk (Event 7)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Hantayskaia, 15 A <b>Time:</b> 10:00 am	

<p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-913-531-32-87 - Anupama 8-913-160-52-02 - Denis</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b>Autonomous Region</b>	
<p><b><u>Khanty-Mansysk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Tennis Development Centre, Studencheskaia Street 21, Khanty-Mansysk city</p> <p><b>Time:</b> 10:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-346-736-37-52 - Genadiy Korotkov</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">www.indianembassy.ru</a></p>	<p><b><u>Surgut (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Centre</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 7-929-296-31-08 / +7-922-250-02-73</p> <p><b>More information:</b> <a href="http://surveda.ru/">http://surveda.ru/</a> <a href="http://vk.com/harekrishnasurgut">http://vk.com/harekrishnasurgut</a></p>
<p><b><u>Nizhnevartovsk (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Centre</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p><b>More information:</b> <a href="http://vk.com/club31384006">http://vk.com/club31384006</a></p>	
<b>Irkutsk Region</b>	
<p><b><u>Surgut (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 664058 Irkutsk, Sergeev Posad Settlement, Centralnaia 7</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-270-90-66. (irkutsk@cis.pamho.net)</p> <p><b>More information:</b> <a href="http://vaisnav-irk.ru/">http://vaisnav-irk.ru/</a></p>	<p><b><u>Tulun (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Centre</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-302-33-84 - Sundarananda Das</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Ust-Ilimsk (Event 3)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p>	<p><b><u>Ust-Kut (Event 4)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p>

<p><b>Location:</b> 666682 Prospekt Mira 65-158</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-353-81-70 / 8-395-352-95-44 - Kim Sergey (kimss108@mail.ru)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Location:</b> Kirova street 88-100</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-655-12-47 - Kluchov Artur</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Usolve-Sibirskoye (Event 5)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Pugacheva 18</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-436-12-91 - Tatiana Andreeva</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Shelekhov (Event 6)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 666035 Shelekhov city, Mikro Rayon №4, 13-10</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-106-01-95 / 8-950-110-20-52 - Vadim Radchenko</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Angarsk (Event 7)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Angarsk city, Mikro Rayon №17, 2 - 15</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-155-25-22 - Govinda Prema 8-395-154-10-88 / 8-914-916-71-35 - Smita Krishna</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Sayansk (Event 8)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 666303 Sayansk city, Mikro Rayon №8, 2-116</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-395-135-17-13 - Rupa Manjari</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Svirsk (Event 9)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 654421 Timiriazeva street 2-1</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p>	<p><b><u>Tayshet (Event 10)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Centre</p> <p><b>Time:</b> 10:00 am</p> <p><b>Access:</b> Open to general public</p>

<p><b>Contact Person:</b> Ivanovskiy Dmitiy Stanislavovich 8(39573)2-24-74 <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Contact Person:</b> Gotoviy Alexandr 8(39563)3-22-42 <b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Bratsk (Event 11)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Muhanova 8, peremichka <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-950-138-37-75 - Vradjamohan das 8-902-179-78-58 - Drishtadumna d. (mahamantra@mail.ru) <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Bratsk (Event 12)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> City Center <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person:</b> 8-925-820-75-07 - Tatyana Suprunova, Art of Living Foundation, (tsuprunova@mail.ru ) <b>More information:</b> <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Bratsk (Event 13)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> 20, Marshal Konev St., Irkutsk, Irkutsk Region <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person:</b> 8-950-141-30-29 - Svetlana Pinigina, Sri Chinmoy Mission (beauty.64@mail.ru) <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<b>The Republic of Khakassia</b>	
<p><b><u>Abakan (Event 1)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Torgovaya street 28-85 <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-390-223-36-77 - Galina Samrina</p>	<p><b><u>Abakan (Event 2)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> City Centre <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-925-820-75-07 - Tatyana Suprunova, Art of</p>

8-390-222-28-09 - Dmitriy Guts <b>More information:</b> +79257726295 - Sadhu Priya Das	Living Foundation, (tsuprunova@mail.ru ) <b>More information:</b> <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a>
<b>Tuva Republic</b>	
<b><u>Tuva Republic (Event 1)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> City Center <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-934-226-04-22 - Yulia Ondar (tuvasport@mail.ru) <b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a>	<b><u>Kyzyl (Event 2)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> 667004 Kolhoznaia 32b-15 <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-394-225-82-13 - Rita Sambu <b>More information:</b> +79257726295 - Sadhu Priya Das
<b>Zabaykalsky Krai</b>	
<b><u>Chita (Event 1)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> City Center <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person:</b> 8(3022) 31-86-78 - Madhava Das (madhava@ngs.ru) <b>More information:</b> +79257726295 - Sadhu Priya Das	<b><u>Krasnokamensk (Event 2)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> City Center <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person:</b> 8-302-456-38-00 - Nama Rasa Das <b>More information:</b> +79257726295 - Sadhu Priya Das
<b>Other Siberian Regions</b>	
<b><u>Omsk Region</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> “Park Sovetskiy” , Adriyanova 3/16 Omsk <b>Time:</b> 15:00 <b>Access:</b> Open to general public <b>Contact Person:</b> 8-909-536-21-12 - Ludmila Shmunk <b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a>	<b><u>The Republic of Buryatia Ulan-Ude</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Sotnikovo, Traktovy 6 <b>Time:</b> 10:00 am <b>Access:</b> Open to general public <b>Contact Person:</b> 8-914-845-32-95 - Shyamananda D. (shyamananda@mail.ru) <b>More information:</b> +79257726295 - Sadhu Priya Das
<b><i>Far Eastern Region</i></b>	

## Primorsky Krai

<p><b><u>Vladivostok (Event 1)</u></b>  <b>Event:</b> Combined Yoga Open Session  <b>Location:</b> City Center  <b>Time:</b> 10:00  <b>Access:</b> Open to general public  <b>Contact person:</b>              8-423-241-39-20 - Vladivostok CG,              (cgivlad@mail.ru)  <b>More information:</b>  <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Vladivostok (Event 2)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>              8-423-274-75-91 - Achintia Achuta Das (Andrey              Fillipov)  <b>More information:</b> <a href="http://www.nimai.ru">www.nimai.ru</a>  <a href="http://vk.com/club37506464">http://vk.com/club37506464</a></p>
<p><b><u>Vladivostok (Event 3)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>              8-914-725-69-07 - Lebedeva Elena, Sri              Chinmoy Mission (<a href="mailto:goldenshore@yandex.ru">goldenshore@yandex.ru</a>)  <b>More information:</b>  <a href="http://ru.srichinmoycentre.org/">http://ru.srichinmoycentre.org/</a></p>	<p><b><u>Vladivostok (Event 4)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> City Center  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>              8-925-820-75-07 - Tatyana Supronova, Art of              Living Foundation              (<a href="mailto:tsuprunova@mail.ru">tsuprunova@mail.ru</a>)  <b>More information:</b>  <a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Vladivostok (Event 5)</u></b>  <b>Event:</b> Combined Yoga Open Session  <b>Location:</b> Champions Sports Hall  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact person:</b> +7-4232-41-39-20 / +7-4232-              41-39-33- Mr. Rupjyoti B. Karjee  <b>More information:</b> <a href="mailto:cg.vladi@mea.gov.in">cg.vladi@mea.gov.in</a></p>	<p><b><u>Wrangel (Event 6)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Wrangel city, Vostochniy 8 -31  <b>Time:</b> tbc  <b>Access:</b> Open to general public  <b>Contact Person:</b>              8-826 -66-16-35 - Irina Manernova  <b>More information:</b> +79257726295 - Sadhu              Priya Das</p>
<p><b><u>Partizansk (Event 7)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> 692860 Lozoviy settlement,              Olimpiyskaia 1-8  <b>Time:</b> tbc</p>	<p><b><u>Nakhodka (Event 8)</u></b>  <b>Event:</b> Yoga Demonstration  <b>Location:</b> Nakhodka, Chapaeva 29-8  <b>Time:</b> tbc  <b>Access:</b> Open to general public</p>

<p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-914-658-00-32 - Amalachandra Das (Mihaluk Aleksey) (mih-alexey@yandex.ru)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Contact Person:</b> 8-914-708-66-42 - Artur Fedorchenko (artur2779@mail.ru)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<p><b><u>Nakhodka (Event 9)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> Classic Yoga Studio</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> open to general public</p> <p><b>Contact person:</b> +7-914-709-03-12 - Polina Bykova</p> <p><b>More information:</b> taurusbpv@gmail.com</p>	<p><b><u>Nakhodka (Event 10)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> “City Center” Shopping Mall, 65- Prospect Mira</p> <p><b>Time:</b> 11:00 local time</p> <p><b>Access:</b> open to general public</p> <p><b>Contact person:</b> +7-914-720-97-50 - Ms. Maria Likhacheva</p> <p><b>More information:</b> marijalik@rambler.ru</p>
<p><b><u>Artyom (Event 11)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> Vasanta Yoga Center 71- Internatsionalnaya Street, 2nd Floor</p> <p><b>Time:</b> 11:00 local time</p> <p><b>Access:</b> open to general public</p> <p><b>Contact person:</b> +7-914-962-43-20 - Oksana Filinger</p> <p><b>More information:</b> filingero@mail.ru</p>	<p><b><u>Fokino (Event 12)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> Istok Yoga Club, 18- Postnikova Street</p> <p><b>Time:</b> 11:00 local time</p> <p><b>Access:</b> open to general public</p> <p><b>Contact person:</b> +7-902-070-48-79 - Sergei Davidenko</p> <p><b>More information:</b> yoga@planerka.info</p>
<p><b><u>Sovietskaya Gavan (Event 13)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> Ravnovesiye Yoga Studio 42A Lenina Street (in Snezhinka kindergarten)</p> <p><b>Time:</b> 11:00 local time</p> <p><b>Access:</b> open to general public</p> <p><b>Contact person:</b> +7-914-405-71-27 - Svetlana Brykova</p> <p><b>More information:</b> brykova.svetlana@mail.ru</p>	
<b>Khabarovsk Krai</b>	
<p><b><u>Khabarovsk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p>	<p><b><u>Khabarovsk (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p>



<p><b>Location:</b> Uhtomskogo Street 68</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p>Contact Person:</p> <p>8-914-200-09-30 / 8-914-156-11-81</p> <p><b>More information:</b> <a href="http://vk.com/krishnakhv">http://vk.com/krishnakhv</a></p>	<p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation, (tsuprunova@mail.ru )</p> <p><b>More information:</b></p> <p><a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a></p>
<p><b><u>Khabarovsk (Event 3)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> Nataraja Classic Yoga center, 62- Komsomolskaya Street</p> <p><b>Time:</b> 11:00 local time</p> <p><b>Access:</b> open to general public</p> <p><b>Contact person:</b></p> <p>+7 - 421-270-53-53 - Andrei Terentyev</p> <p><b>More information:</b> <a href="mailto:yoga-khv@mail.ru">yoga-khv@mail.ru</a></p>	<p><b><u>Khabarovsk (Event 4)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> “Polina” personal development center, 32A- Vladivostokskaya Street</p> <p><b>Time:</b> 11:00 local time</p> <p><b>Access:</b> open to general public</p> <p><b>Contact person:</b></p> <p>+7-421-265-38-88 - Vitaly Isachenko</p> <p><b>More information:</b> <a href="mailto:suhanovaksenya@mail.ru">suhanovaksenya@mail.ru</a></p>
<b>Kamchatka Krai</b>	
<p><b><u>Petropavlovsk-Kamchatsky (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b></p> <p>8-924-696-61-27- Paramatma Das (Pyotr Emlevskiy)</p> <p>8-902-462-82-77 - Alla Mikhailovna</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Vanino (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 682892 Vanino, Oktyabrskiy -2 Settlement, Yubileynaia street 2-60</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> Vamshi Vadana Das (Vitaliy Kolesnikov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Amur Region</b>	
<p><b><u>Blagoveshchensk (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p>	<p><b><u>Tynda (Event 2)</u></b></p> <p><b>Event:</b> Yoga Open Session</p> <p><b>Location:</b> Adhyana Yoga Club 20A – Amurskaya Street</p> <p><b>Time:</b> tbc</p>

<p><b>Contact Person:</b> 55-90-33 / 8-924-678-66-49 - Lakshmi Tirthad (e-mailekds@rambler.ru) <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b>Access:</b> open to general public <b>Contact person:</b> +7-914-556-71-62 - Elena Dankman <b>More information:</b> altgala@mail.ru</p>
<p><b>Sakha Republic</b></p>	
<p><b><u>Yakutsk (Event 1)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Stadium “Taymaada” <b>Time:</b> 08:00 <b>Access:</b> Open to general public <b>Contact Person:</b> 8-914-292-17-66 - Evgenia Gerasimova <b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Yakutsk (Event 2)</u></b> <b>Event:</b> Yoga Open Session <b>Location:</b> Yoga Siddhi yoga center <b>Time:</b> tbc <b>Access:</b> open to general public <b>Contact person:</b> +7 -411-272-72-05 <b>More information:</b> ykt@yoga-siddhi.ru</p>
<p><b><u>Yuzhno-Sakhalinsk (Event 3)</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> Yuzhno-Sakhalinsk, Sportivniy 13-28 <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person:</b> 8-962-153-64-61 / 8-914-089-38-01- Anuttama (anuttama@yandex.ru) <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	
<p><b>Other Eastern Regions</b></p>	
<p><b><u>Magadan Region, Kolyma</u></b> <b>Event:</b> Yoga Demonstration <b>Location:</b> City Center <b>Time:</b> tbc <b>Access:</b> Open to general public <b>Contact Person</b> 7-914-861-02-38 / +7-914-852-95-75 <b>More information:</b> +79257726295 - Sadhu Priya Das</p>	

***Northwestern Regions***

**Murmansk Region**

**Murmansk (Event 1)**

**Event:** Yoga Demonstration

**Location:** 183027 Murmansk – 27

**Time:** tbc

**Access:** Open to general public

**Contact Person:**

8-815-222-34-74 / 8-921-724-70-75 / 8-903-012-15-73 - Vanamali Kaviraj Das (Vasily Medvedev)

**More information:** +79257726295 - Sadhu Priya Das

**Murmansk (Event 2)**

**Event:** Yoga Demonstration

**Location:** 183027 Murmansk city, Frolova St. 16

**Time:** tbc

**Access:** Open to general public

**Contact Person:**

8-8152-25-67-38 / 8-8152-25-78-58 / 8-902-282-90-22 - Paramananda Das (Vladislav Galkin)

**More information:** +79257726295 - Sadhu Priya Das

**Murmansk (Event 3)**

**Event:** Yoga Demonstration

**Location:** 183027 Murmansk, Pavlova St. 57 - 20

**Time:** tbc

**Access:** Open to general public

**Contact Person:**

8-815-225-67-38 / 8-815-225-78-58 / 8-908-605-33-08 - Shrimati (Natalya Galkina)

**More information:** +79257726295 - Sadhu Priya Das

**Arkhangelsk Region**

**Severodvinsk (Event 1)**

**Event:** Yoga Demonstration

**Location:** 164500 Arkhangelskaya obl. Severodvinsk, ul. Karla-Marksa 23-3

**Time:** tbc

**Access:** Open to general public

**Contact Person:**

8(81842)3-43-05 / 8-921-247-55-09 - Sergey Didenko

**More information:** +79257726295 - Sadhu Priya Das

**Severodvinsk (Event 2)**

**Event:** Yoga Demonstration

**Location:** 164522 Arkhangelskaya obl, Severodvinsk, Lomonosova St. 115 - 200

**Time:** tbc

**Access:** Open to general public

**Contact Person:**

8-911-562-99-26 - Narottam Vilas Das (Alexander Kotov)

**More information:** +79257726295 - Sadhu Priya Das

<b>Vologda region</b>	
<p><b><u>Vologda (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 160026 Vologda, Verhniy Верхний пер., 56</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-921-533-99-66 - Vijay Gaurachanda Das (Dobrovolskiy Vladimir)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Cherepovets (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Vologodskaya obl, Cherepovets, Vereshagina, 13</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-981-503-89-07 - Pavan Gauranga Das 8-921-723-32-16 / 8-921-254-01-08 - Vitaliy Kolyadin</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Republic Komi</b>	
<p><b><u>Syktvykar (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 168200 Republic Komi, Syktyvdinskiy region, 1 section, 4-3</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 -2307-65-21 / 8-908-328-32-76 - Aruna Chaitanya (Andrey Prokhorov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Syktvykar (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 167907 Republic Komi, Syktyvkar, Ordzhonikidze, 57 - 12</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 908 715 82 26 – Ishana Thakur</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Leningrad Region</b>	
<p><b><u>St. Petersburg (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-925-820-75-07 - Tatyana Supronova, Art of Living Foundation (tsupronova@mail.ru)</p> <p><b>More information:</b></p>	<p><b><u>St Petersburg (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> City Center</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-911-909-83-09 - Pavluchenko Irina, Sri Chinmoy Mission (<a href="mailto:miralotus@mail.ru">miralotus@mail.ru</a>)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>

<a href="http://www.artofliving.org/ru-ru">http://www.artofliving.org/ru-ru</a>	
<b>Novgorod Regions</b>	
<p><b><u>Velikiy Novgorod (Event 1)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-905-292-02-86 - Vidyaraj Das (Viktor Bukharov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Sarov (Event 2)</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 607183 Nizhegorodskaya obl., Sarov city, Kurchatova 11-31</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 -8313-05-88-34 / 8-909-283-83-16 - Aditya Das (Anatoly Naumov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>
<b>Other Northwestern Regions</b>	
<p><b><u>Nenets Autonomous</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> Sport center for youth and children «НОРД».</p> <p><b>Time:</b> 11:00</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-818-534-22-52 / 8-911-556-55-68 - Anatoly Talejev (talanat@mail.ru)</p> <p><b>More information:</b> <a href="http://www.indianembassy.ru">http://www.indianembassy.ru</a></p>	<p><b><u>Republic of Karelia, Petrozavodsk</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> tbc</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-953-526-96-88 / 8-8142-72-95-40 Dayal Nitay (Dmitry Lysakov)</p> <p><b>More information:</b> +79257726295 - Sadhu</p>
<p><b><u>Kaliningrad Region, Kaliningrad</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 236016 Kaliningrad city, Frunze St. 37-7</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8 - 411-246-54-88 - Venu Gita (Venera Vasilyeva)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>	<p><b><u>Pskov Region, Pskov</u></b></p> <p><b>Event:</b> Yoga Demonstration</p> <p><b>Location:</b> 180019, Pskov, Sirenevyy bulvar, 13 - 35</p> <p><b>Time:</b> tbc</p> <p><b>Access:</b> Open to general public</p> <p><b>Contact Person:</b> 8-911-388-95-08 - Lakshmana Prana Das (Leonid Smirnov)</p> <p><b>More information:</b> +79257726295 - Sadhu Priya Das</p>

